

Airdrie Elite AA & AAA Ice Spring Schedule



\$40/ Ice time per player

All ice times ran by Jay Blakley of PHD Hockey.
<https://www.phdhockey.ca/about>

Goaltending Instruction by
[World Pro Goaltending](#)



\$20/ Ice time per Goalie

REGISTER [HERE.](#)

This program is for elite players, currently playing at the AA & AAA levels.

REGISTRATION CAN BE COMPLETED BY EMAILING: tskidmore@shaw.ca or via [form](#)

Any questions regarding the on-ice program, content, or guest coaches, can contact Jay Blakley jay@phdhockey.ca 403-804-4255.

\$30 / session for Dryland

Included below is option for Dryland if there is enough interest, select that if you are interested.

2008-2009-2010

Day	Date	Time	Location
Wed	Apr 10	8:45 – 9:45 PM	Genesis Place
Wed	Apr 17	7:00 – 8:00 PM	Dryland Lift Fitness
Wed	Apr 17	8:45 – 9:45 PM	Ron Ebbesen
Thur	Apr 18	8:45 – 9:45 PM	Genesis Place
Additional May Dates TBD			
Mon	Jun 03	4:30 – 5:30 PM	Dryland Lift Fitness
Mon	Jun 03	6:15 – 7:15 PM	Ron Ebbesen
Tue	Jun 04	7:15 – 8:15 PM	Genesis Place
Wed	Jun 05	5:00 – 6:00 PM	Genesis Place
Thur	Jun 06	5:30 – 6:30 PM	Dryland Lift Fitness
Thur	Jun 06	7:15 – 8:15 PM	Genesis Place
Mon	Jun 10	6:15 – 7:15 PM	Genesis Place
Mon	Jun 10	7:45 – 8:45 PM	Dryland Lift Fitness
Tue	Jun 11	7:30 – 8:30 PM	Ron Ebbesen
Wed	Jun 12	4:30 – 5:30 PM	Dryland Lift Fitness
Wed	Jun 12	7:30 – 8:30 PM	Ron Ebbesen
Thur	Jun 13	4:30 – 5:30 PM	Dryland Lift Fitness
Thur	Jun 13	7:30 – 8:30 PM	Ron Ebbesen
Mon	Jun 17	4:30 – 5:30 PM	Dryland Lift Fitness
Mon	Jun 17	7:30 – 8:30 PM	Ron Ebbesen

2011-2012-2013

Day	Date	Time	Location
Thu	Apr 11	7:15 – 8:15 PM	Genesis Place
Wed	Apr 17	7:00 – 8:00 PM	Dryland Lift Fitness
Thu	Apr 18	5:45 – 6:45 PM	Ron Ebbesen
Mon	May 13	8:30 – 9:30 PM	Genesis Place
Additional May Dates TBD			
Mon	Jun 03	4:30 – 5:30 PM	Dryland Lift Fitness
Mon	Jun 03	7:30 – 8:30 PM	Ron Ebbesen
Tue	Jun 04	8:30 – 9:30 PM	Genesis Place
Wed	Jun 05	6:15 – 7:15 PM	Genesis Place
Thu	Jun 06	5:30 – 6:30 PM	Dryland Lift Fitness
Mon	Jun 10	5:00 – 6:00 PM	Genesis Place
Mon	Jun 10	7:45 – 8:45 PM	Dryland Lift Fitness
Tue	Jun 11	6:15 – 7:15 PM	Ron Ebbesen
Wed	Jun 12	4:30 – 5:30 PM	Dryland Lift Fitness
Wed	Jun 12	6:15 – 7:15 PM	Ron Ebbesen
Thu	Jun 13	4:30 – 5:30 PM	Dryland Lift Fitness
Thu	Jun 13	6:15 – 7:15 PM	Ron Ebbesen
Mon	Jun 17	4:30 – 5:30 PM	Dryland Lift Fitness
Mon	Jun 17	6:15 – 7:15 PM	Ron Ebbesen

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Phone: 403-804-4255
Email: jay@phdhockey.ca
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\$30 / session for Dryland

Included below is option for Dryland if there is enough interest, select that if you are interested.

2008-2009-2010

Day	Date	Time	Location
Mon	Jul 15	12:00 – 1:00 PM	Dryland Lift Fitness
Mon	Jul 15	2:00 – 3:00 PM	Ron Ebbesen
Tue	Jul 16	2:00 – 3:00 PM	Ron Ebbesen
Wed	Jul 17	12:00 – 1:00 PM	Dryland Lift Fitness
Wed	Jul 17	2:00 – 3:00 PM	Ron Ebbesen
Thu	Jul 19	12:00 – 1:00 PM	Dryland Lift Fitness
Thu	Jul 19	2:00 – 3:00 PM	Ron Ebbesen
Mon	Jul 22	12:00 – 1:00 PM	Dryland Lift Fitness
Mon	Jul 22	2:00 – 3:00 PM	Ron Ebbesen
Tue	Jul 23	2:00 – 3:00 PM	Ron Ebbesen
Wed	Jul 24	12:00 – 1:00 PM	Dryland Lift Fitness
Wed	Jul 24	2:00 – 3:00 PM	Ron Ebbesen
Thu	Jul 25	12:00 – 1:00 PM	Dryland Lift Fitness
Thu	Jul 25	2:00 – 3:00 PM	Ron Ebbesen
Mon	Jul 29	12:00 – 1:00 PM	Dryland Lift Fitness
Mon	Jul 29	2:00 – 3:00 PM	Ron Ebbesen
Tue	Jul 30	2:00 – 3:00 PM	Ron Ebbesen
Wed	Jul 31	12:00 – 1:00 PM	Dryland Lift Fitness
Wed	Jul 31	2:00 – 3:00 PM	Ron Ebbesen
Thu	Aug 01	12:00 – 1:00 PM	Dryland Lift Fitness
Thu	Aug 01	2:00 – 3:00 PM	Ron Ebbesen

2011-2012-2013

Day	Date	Time	Location
Mon	Jul 15	12:00 – 1:00 PM	Dryland Lift Fitness
Mon	Jul 15	3:15 – 4:15 PM	Ron Ebbesen
Tue	Jul 16	3:15 – 4:15 PM	Ron Ebbesen
Wed	Jul 17	12:00 – 1:00 PM	Dryland Lift Fitness
Wed	Jul 17	3:15 – 4:15 PM	Ron Ebbesen
Thu	Jul 19	12:00 – 1:00 PM	Dryland Lift Fitness
Thu	Jul 19	3:15 – 4:15 PM	Ron Ebbesen
Mon	Jul 22	12:00 – 1:00 PM	Dryland Lift Fitness
Mon	Jul 22	3:15 – 4:15 PM	Ron Ebbesen
Tue	Jul 23	3:15 – 4:15 PM	Ron Ebbesen
Wed	Jul 24	12:00 – 1:00 PM	Dryland Lift Fitness
Wed	Jul 24	3:15 – 4:15 PM	Ron Ebbesen
Thu	Jul 25	12:00 – 1:00 PM	Dryland Lift Fitness
Thu	Jul 25	3:15 – 4:15 PM	Ron Ebbesen
Mon	Jul 29	12:00 – 1:00 PM	Dryland Lift Fitness
Mon	Jul 29	3:15 – 4:15 PM	Ron Ebbesen
Tue	Jul 30	3:15 – 4:15 PM	Ron Ebbesen
Wed	Jul 31	12:00 – 1:00 PM	Dryland Lift Fitness
Wed	Jul 31	3:15 – 4:15 PM	Ron Ebbesen
Thu	Aug 01	12:00 – 1:00 PM	Dryland Lift Fitness
Thu	Aug 01	3:15 – 4:15 PM	Ron Ebbesen